



January 2010
THE KID ZONE

I'm bored.

I want to do something. I'm tired of sitting.

What can I do? There's nothing to do!

Be honest! How often have you said things like this when you're home from school? When the weather is bad outside and you are stuck inside, sometimes it feels like you might go crazy. There's just *nothing* to do.

Think of things you would like to do but do not have time to do when you are going to school: organize your drawers or closet, keep a journal, call a relative like your grandma or grandpa, write a thank you note or clean out underneath your bed. Write at least 5 things you would like to do below. The next time you're bored, pull out this list!

1. _____
2. _____
3. _____
4. _____
5. _____



donate

call

clean

visit

offer to help

organize

rethink

help

Think about your family, friends and neighbors. In 2010, what can YOU do to show you care? Read the words above. If you go through your toys and **donate** the ones you no longer play with to another child, how can your act of kindness impact the community where you live?

Using the words above, write at least 6 goals for 2010.

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

Every story needs a hero ~ be the HERO in 2010!